

Physical requirements for ICF/MR LPN and Resident Aide

These positions are very active positions and require the following:

- **Strength:** Sufficient to assist with:
 - lifting and transferring a resident > 50lbs
 - perform CPR
 - push/pull gurney during drills/emergency evacuation
 - position resident in bed and/or wheelchair
 - Assistance with toileting/showering
 - Assistance with mobility

- **Mobility:** Sufficient mobility:
 - to bend, stoop, and bend down to the floor
 - ability to move around rapidly
 - to move in small, confined areas

- **Hearing:** Sufficient to hear:
 - through the stethoscope to discriminate sounds (RN & LPN ONLY)
 - to hear cries for help
 - to hear alarms on equipment and emergency signals
 - various overhead pages

- **Vision:** Sufficient to:
 - Have close vision; distance vision, color vision, peripheral vision, depth perception and ability to adjust focus
 - make physical assessments of patients
 - make physical assessments of equipment

- **Communication:** Able to communicate:
 - In verbal formats
 - written formats
 - interact with clients, staff, and faculty supervisors